February Heart Block

The colors for this block should be vivid! Batiks work well. The heart (focus fabric) can be red or another color of your choice/

From your focus fabric: cut two strips, 4 1/2" x 8 1/2"
From white: (not off white) cut:
four 2" x 2" squares
two 4 1/2" x 4 1/2" inch squares
four strips, 2 1/2" x 8 1/2"

From assorted vivid colors cut four 2 1/2" x 2 1/2" squares

Place a 4 1/2" white square over the lower part of each focus fabric strip, right sides together. Draw a line on each white strip from the upper outer corner to the lower inner corner (Fig. 1) Stitch along that line. Trim 1/4 in. From the stitch line and press open. (Fig. 2). These are the "half heart" units.

Place a 2" white square at the top corners of each "half heart" unit, right sides together. Draw a diagonal line on each square from the lower, outer corner to the upper inner corner (Fig. 3). Stitch along that line. Trim 1/4" from the line and press open. (Fig.4)

Join the two "half heart" units with a 1/4" seam and press open.

Sew one 8 1/2" white strip to each side of the heart unit (Fig. 5)

Sew a colored square to each end of the remaining two 8 1/2" white strips. Join these two strips to the top and bottom of the existing unit. Trim the finished block to 12 1/2 inches.

Fig. 1

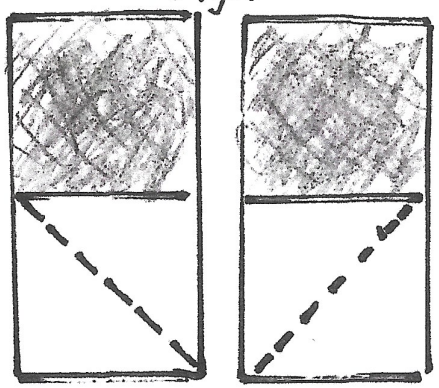


Fig. 2

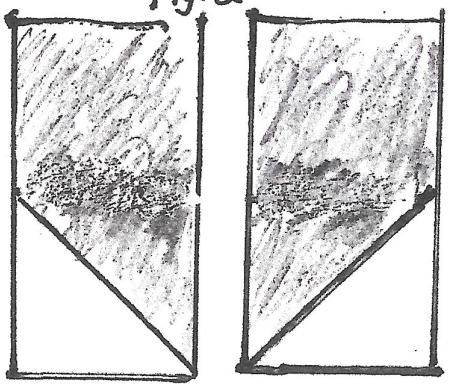


Fig. 3

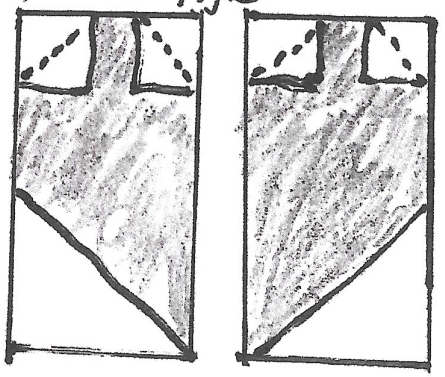


Fig. 4

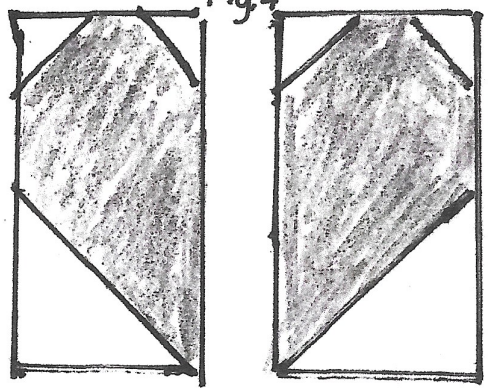


Fig. 5

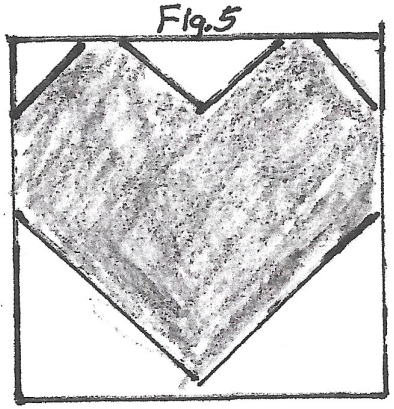


Fig. 6

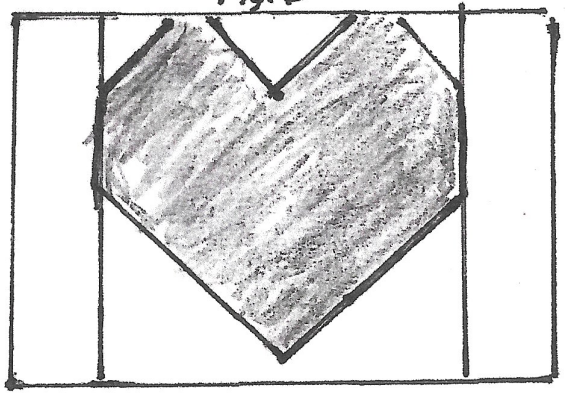
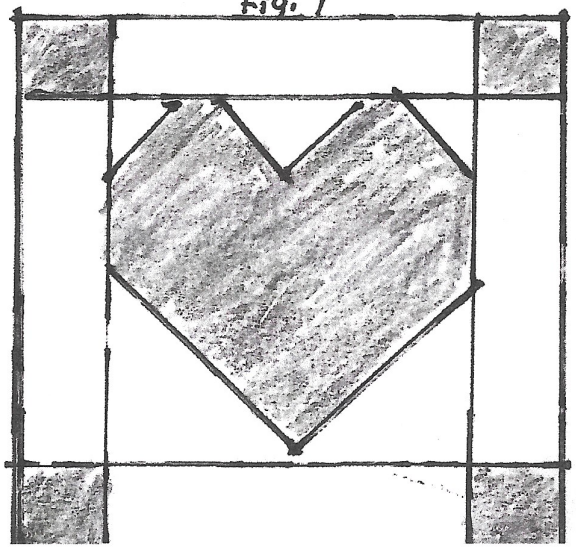


Fig. 7



Finished Block

12½ x 12½